

## Anhang: Empfehlungen, Konsensuspapiere und Leitlinien

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Im Rahmen des EUMUSC.net Projektes wird versucht, aus den EULAR-Ländern für die jeweiligen Regionen gültige Empfehlungen/Konsensuspapiere/Leitlinien zusammenzustellen. Die nachfolgende Auflistung enthält eine Auswahl an relevanten Dokumenten mit Empfehlungscharakter für Österreich. Die Publikation erfolgt mit freundlicher Genehmigung der Projektleitung. Unter der Internetadresse [www.EUMUSC.net](http://www.EUMUSC.net) ist eine umfassende Sammlung von europäischen Unterlagen zu finden.

Die Selektionskriterien für die hier zusammengefassten Richtlinien waren:

Erscheinungsdatum nach 2000

In deutscher oder englischer Sprache verfasste Publikation

Geltungsbereich Österreich/deutschsprachiger Raum/EULAR-Raum

Die nachstehenden Tabellen sollen dem Anwender einen raschen Überblick über relevante Unterlagen ermöglichen.

### Tabelle 1

Von Organisationen zur Verfügung gestellte Unterlagen, welche im Volltext über einen Weblink zum Download frei erhältlich sind.

### Tabelle 2

EULAR Recommendations mit Weblink zum Abstract.

### Tabelle 3

Eine Auswahl an relevanten Publikationen (Vollständige Literaturzitate am Ende dieses Anhangs).

Tabelle 1  
von Organisationen zur Verfügung gestellte Unterlagen

Land	Organisation	Art	Titel	aus dem Jahr	Webpage	Weblink
Österreich	ÖGR	Konsensusstatement	Konsensusstatement der ÖGR für den Arzt zur Basistherapie der chronischen Polyarthritid und anderen entzündlich rheumatischen Gelenkerkrankungen Graninger W., Leeb B., Wagner E. Herausgeber: ÖGR, 3. Auflage, Dezember 2006	2006	<a href="http://www.rheuma2000.at">www.rheuma2000.at</a>	<a href="http://www.rheuma2000.at/pdf/Konsensusstatement_Basistherapie_RA_2006.pdf">http://www.rheuma2000.at/pdf/Konsensusstatement_Basistherapie_RA_2006.pdf</a>
Österreich	ÖGR	Konsensusstatement	Konsensusstatement der Österreichischen Gesellschaft für Rheumatologie und Rehabilitation zur T- Zell modulierenden Therapie bei rheumatoider Arthritis (RA)	2009	<a href="http://www.rheuma2000.at">www.rheuma2000.at</a>	<a href="http://www.rheuma2000.at/pdf/Konsensus_Statement_T-Zellmodulierende_Therapie_bei_RA_2009.pdf">http://www.rheuma2000.at/pdf/Konsensus_Statement_T-Zellmodulierende_Therapie_bei_RA_2009.pdf</a>
Österreich	ÖGR	Konsensusstatement	Consensus Statement für B-Zell depletierende Therapien in der rheumatoiden Arthritis	2008	<a href="http://www.rheuma2000.at">www.rheuma2000.at</a>	<a href="http://www.rheuma2000.at/pdf/KonsensusStatement_B-Zell_depletierende_Therapien_de_RA_2008.pdf">http://www.rheuma2000.at/pdf/KonsensusStatement_B-Zell_depletierende_Therapien_de_RA_2008.pdf</a>
Österreich	ÖGR	Patienteninformation	Rheuma- Erkennen bewegt!	2005	<a href="http://www.rheuma2000.at">www.rheuma2000.at</a>	<a href="http://www.rheuma2000.at/pdf/Rheuma_Infobroschue_re_Erkennen_bewegt.pdf">http://www.rheuma2000.at/pdf/Rheuma_Infobroschue_re_Erkennen_bewegt.pdf</a>
Deutschland	DGRh	Interdisziplinäre Leitlinie	Management der frühen rheumatoiden Arthritis Schneider, M. et al. (2007) <sup>20</sup>	2007	<a href="http://www.dgrh.de">www.dgrh.de</a>	<a href="http://dgrh.de/fileadmin/media/Qualitaetsicherung/Leitlinien/gesamt.pdf">http://dgrh.de/fileadmin/media/Qualitaetsicherung/Leitlinien/gesamt.pdf</a>

Schweiz	SGR	Empfehlung	Empfehlung Basistherapie TNF-Hemmer: Adalimumab, Etanercept, Infliximab	2010	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/TNF-Hemmer-Therapieempfehlung-02-2010.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/TNF-Hemmer-Therapieempfehlung-02-2010.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Tocilizumab	2009	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/tocilizumabtherapieempfehlung032009.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/tocilizumabtherapieempfehlung032009.pdf</a>
Schweiz	SGR	Empfehlung	Impfempfehlungen für Patienten mit entzündlich-rheumatischen Erkrankungen	2010	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/Impfempfehlungen%2DD.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/Impfempfehlungen%2DD.pdf</a>
Schweiz	SGR	Empfehlung	Antirheumatische Therapie in der Schwangerschaft	2010	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/therapieempfehlung-schwangerschaft-04-2010.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/therapieempfehlung-schwangerschaft-04-2010.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Abtacept	2008	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/orencia032008.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/orencia032008.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Antimalarika	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/antimalarika1104d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/antimalarika1104d.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Azathioprin	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/azathioprin1104d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/azathioprin1104d.pdf</a>

Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Ciclosporin	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/ciclosporin1104d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/ciclosporin1104d.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Cyclophosphamid	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/cyclophosphamid1104d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/cyclophosphamid1104d.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Gold Parenteral	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/goldparenteral1104d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/goldparenteral1104d.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Leflunomid	2010	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/leflunomid-therapieempfehlung-02-2010.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/leflunomid-therapieempfehlung-02-2010.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Methotrexat	2009	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/methotrexat-therapieempfehlung-02-2010.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/methotrexat-therapieempfehlung-02-2010.pdf</a>
Schweiz	SGR	Richtlinien	Richtlinien Basistherapie Mycophenolsäure und Mycophenolat Mofetil	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/mycophenolatmofetil1104d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/mycophenolatmofetil1104d.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlung Basistherapie Rituximab	2010	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/mabthera-therapieempfehlung-03-2010.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/mabthera-therapieempfehlung-03-2010.pdf</a>

Schweiz	SGR		Steroid Osteoporose Vorbeugung und Behandlung	2008	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/steroid-osteoporose042008d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_filebase/AttachmentDocument/steroid-osteoporose042008d.pdf</a>
Schweiz	SGR	Empfehlung	Empfehlungen Basistherapie Sulfasalazin	2004	<a href="http://www.rheuma-net.ch/Richtlinien">www.rheuma-net.ch/Richtlinien</a>	<a href="http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/Sulfasalazin-11-04-d.pdf">http://www.rheuma-net.ch/xwiki/bin/download/Content_attachments/FileBaseDoc/Sulfasalazin-11-04-d.pdf</a>
	Bone and Joint Decade		European action towards better musculoskeletal health	2005	<a href="http://www.boneandjointdecade.org">www.boneandjointdecade.org</a>	<a href="http://www.boneandjointdecade.org/ViewDocument.aspx?ContId=534">http://www.boneandjointdecade.org/ViewDocument.aspx?ContId=534</a>
UK	ARMA	SOC	Standards of Care for people with Inflammatory Arthritis	2004	<a href="http://www.arma.uk.net">www.arma.uk.net</a>	<a href="http://www.arma.uk.net/pdfs/ia06.pdf">http://www.arma.uk.net/pdfs/ia06.pdf</a>
UK	Royal College of nursing	guidance	Assessing, managing and monitoring biologic therapies for inflammatory arthritis	2009	<a href="http://www.rcn.org.uk">www.rcn.org.uk</a>	<a href="http://www.rcn.org.uk/_data/assets/pdf_file/0004/78565/001984.pdf">http://www.rcn.org.uk/_data/assets/pdf_file/0004/78565/001984.pdf</a>
UK	NHS	NICE clinical guideline 79	The management of rheumatoid arthritis in adults	2009	<a href="http://www.nice.org.uk">www.nice.org.uk</a>	<a href="http://www.nice.org.uk/nice/media/live/12131/43327/43327.pdf">http://www.nice.org.uk/nice/media/live/12131/43327/43327.pdf</a>
UK	NHS	NICE technology appraisal guidance 141	Abatacept for the treatment of rheumatoid arthritis	2010	<a href="http://www.nice.org.uk">www.nice.org.uk</a>	<a href="http://www.nice.org.uk/nice/media/live/11961/40421/40421.pdf">http://www.nice.org.uk/nice/media/live/11961/40421/40421.pdf</a>
UK	NHS	NICE technology appraisal guidance 126	Rituximab for the treatment of rheumatoid arthritis	2010	<a href="http://www.nice.org.uk">www.nice.org.uk</a>	<a href="http://www.nice.org.uk/nice/media/live/11821/36101/36101.pdf">http://www.nice.org.uk/nice/media/live/11821/36101/36101.pdf</a>
UK	NHS	NICE technology appraisal guidance 130	Adalimumab, etanercept and infliximab for the treatment of rheumatoid arthritis	2010	<a href="http://www.nice.org.uk">www.nice.org.uk</a>	<a href="http://www.nice.org.uk/nice/media/live/11867/37914/37914.pdf">http://www.nice.org.uk/nice/media/live/11867/37914/37914.pdf</a>
UK	NHS	NICE technology appraisal guidance 186	Certolizumab pegol for the treatment of rheumatoid arthritis	2010	<a href="http://www.nice.org.uk">www.nice.org.uk</a>	<a href="http://www.nice.org.uk/nice/media/live/12808/47544/47544.pdf">http://www.nice.org.uk/nice/media/live/12808/47544/47544.pdf</a>

UK	NHS	NICE technology appraisal guidance 35	Guidance on the use of etanercept for the treatment of juvenile idiopathic arthritis	2002	<a href="http://www.nice.org.uk">www.nice.org.uk</a>	<a href="http://www.nice.org.uk/nice/media/live/11446/32321/32321.pdf">http://www.nice.org.uk/nice/media/live/11446/32321/32321.pdf</a>
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Tabelle 2  
EULAR Recommendations

<b>Titel</b>	<b>aus dem Jahr</b>	<b>Webpage</b>	<b>Weblink</b>	<b>Autor</b>	<b>Literatur zitate</b>
EULAR recommendations for the management of rheumatoid arthritis with synthetic and biological disease-modifying antirheumatic drugs	2010	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/early/2010/05/04/ard.2009.126532.abstract">http://ard.bmj.com/content/early/2010/05/04/ard.2009.126532.abstract</a>	Smolen, J. S. et al.	22
Elaboration of the preliminary Rheumatoid Arthritis Impact of Disease (RAID) score: a EULAR initiative	2009	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/68/11/1680.abstract">http://ard.bmj.com/content/68/11/1680.abstract</a>	Gossec, L. et al.	10
EULAR evidence-based recommendations for cardiovascular risk management in patients with rheumatoid arthritis and other forms of inflammatory arthritis	2010	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/69/2/325.abstract">http://ard.bmj.com/content/69/2/325.abstract</a>	Peters, M. J. et al.	18
Patients' and rheumatologists' perspectives on glucocorticoids an exercise to improve the implementation of the EULAR recommendations on the management of systemic glucocorticoid therapy in rheumatic diseases.	2010	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/early/2009/09/17/ard.2009.114579.abstract">http://ard.bmj.com/content/early/2009/09/17/ard.2009.114579.abstract</a>	van der Goes, M. C. et al.	23
EULAR evidence-based recommendations on the management of systemic glucocorticoid therapy in rheumatic diseases	2007	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/66/12/1560.abstract">http://ard.bmj.com/content/66/12/1560.abstract</a>	Hoes, J. N. et al.	11
EULAR recommendations for the management of early arthritis: Report of a task force of the European Standing Committee for International Clinical Studies Including Therapeutics (ESCISIT)	2007	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/66/1/34.abstract">http://ard.bmj.com/content/66/1/34.abstract</a>	Combe, B. et al.	6
Reporting disease activity in clinical trials of patients with rheumatoid arthritis: EULAR/ACR collaborative recommendations	2008	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/67/10/1360.abstract">http://ard.bmj.com/content/67/10/1360.abstract</a>	Aletaha D. et al.	1

2010 Rheumatoid arthritis classification criteria: an American College of Rheumatology/ European League Against Rheumatism collaborative initiative	2010	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/69/9/1580.abstract">http://ard.bmj.com/content/69/9/1580.abstract</a>	Aletaha D. et al.	2
EULAR/EFORT Recommendations for the diagnosis and initial management of patients with acute or recent onset swelling of the knee	2010	<a href="http://www.eular.org">www.eular.org</a>	<a href="http://ard.bmj.com/content/early/2009/01/15/ard.2008.104406.abstract">http://ard.bmj.com/content/early/2009/01/15/ard.2008.104406.abstract</a>	Landewé, R. et al.	13

Tabelle 3  
relevante Publikationen

<b>Titel</b>	<b>aus dem Jahr</b>	<b>Weblink</b>	<b>Autor</b>	<b>Literatur zitate</b>
Österreichische Expertenmeinung zum Standard der Verlaufsbeurteilung von Patienten mit chronischer Polyarthritis (rheumatoider Arthritis)	2008		Machold, K. et al.	17
Empfehlung für das Tuberkulosescreening vor Gabe von TNF- $\alpha$ -Inhibitoren bei rheumatischen Erkrankungen	2009	<a href="http://dgrh.de/fileadmin/media/Qualitaets_sicherung/Therapie-Empfehlungen/tbc_screening_zfrh_juli_2009.pdf">http://dgrh.de/fileadmin/media/Qualitaets_sicherung/Therapie-Empfehlungen/tbc_screening_zfrh_juli_2009.pdf</a>	Diel, R. et al.	8
Treating rheumatoid arthritis to target: recommendations of an international task force.	2010	<a href="http://ard.bmj.com/content/69/4/631.abstract">http://ard.bmj.com/content/69/4/631.abstract</a>	Smolen, J. S. et al.	21
Early referral recommendation for newly diagnosed rheumatoid arthritis: evidence based development of a clinical guide	2002	<a href="http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1754044/pdf/v061p00290.pdf">http://www.ncbi.nlm.nih.gov/pmc/articles/PMC1754044/pdf/v061p00290.pdf</a>	Emery, P. et al.	9
Screening for tuberculosis infection before initiation of anti-TNF- $\alpha$ therapy	2007	<a href="http://www.smw.ch/docs/pdf200x/2007/43/smw-11939.pdf">http://www.smw.ch/docs/pdf200x/2007/43/smw-11939.pdf</a>	Beglinger, C. et al.	3
Physical examination and laboratory tests in the management of patients with rheumatoid arthritis: development of recommendations for clinical practice based on published evidence and expert opinion	2005		Pham T. et al.	19
BSR & BHPR, BOA, RCGP and BSAC guidelines for management of the hot swollen joint in adults	2006	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/m/management_of_hot_swollen_joints_in_adults.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/m/management_of_hot_swollen_joints_in_adults.pdf</a>	Coakley, G. et al.	5
BSR and BHPR rheumatoid arthritis guidelines on eligibility criteria for the first biological therapy	2010	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2010/r/2_ra_guidelines_on_eligibility_criteria_for_the_first_biological_therapy.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2010/r/2_ra_guidelines_on_eligibility_criteria_for_the_first_biological_therapy.pdf</a>	Deighton, C. et al.	7
British society for rheumatology and british health professionals in rheumatology guideline for the management of rheumatoid arthritis (after the first 2 years)	2009	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/m/management_of_rheumatoid_arthritis_after_first_2_years.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/m/management_of_rheumatoid_arthritis_after_first_2_years.pdf</a>	Luqmani, R. et al.	15

BSR/BHPR guideline for disease-modifying anti-rheumatic drug (DMARD) therapy in consultation with the british association of dermatologists	2008	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/d/diseasemodifying_antirheumatic_drug_dmard_therapy.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/d/diseasemodifying_antirheumatic_drug_dmard_therapy.pdf</a>	Chakravarty, K. et al.	4
British society for rheumatology and british health professionals in rheumatology guideline for the management of rheumatoid arthritis (the first two years)	2006	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/m/management_of_rheumatoid_arthritis_first_2_years.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/m/management_of_rheumatoid_arthritis_first_2_years.pdf</a>	Luqmani, R. et al.	16
Update on the British Society for Rheumatology guidelines for prescribing TNF $\alpha$ blockers in adults with rheumatoid arthritis (update of previous guidelines of April 2001)	2005	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/p/prescribing_tnf_blockers_in_adults_with_rheumatoid_arthritis.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/p/prescribing_tnf_blockers_in_adults_with_rheumatoid_arthritis.pdf</a>	Ledingham, J. et al.	14
BSR guidelines on standards of care for persons with rheumatoid arthritis	2005	<a href="http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/s/standards_of_care_for_persons_with_rheumatoid_arthritis.pdf">http://www.rheumatology.org.uk/includes/documents/cm_docs/2009/s/standards_of_care_for_persons_with_rheumatoid_arthritis.pdf</a>	Kennedy, T. et al.	12

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